

STARTERS

Kitchen's Daily Soup (1,3,7)	€8.00
freshly baked brown bread	
Creamy West Cork Seafood Chowder (1,3,4,7,9)	€11.50
freshly baked brown bread	
Shannon Vale Crispy Chicken Wings (4,7,10,11)	€13.95
tossed in spicy buffalo sauce served with ranch dressing, pickled cucumber and sesame seeds	
Chicken Liver Pate (1,3,7,12)	€11.95
red onion chutney, roasted red grapes and toasted brioche	
Classic Prawn Cocktail (2,3,12)	€11.95
shrimp in marie rose sauce, shredded cos lettuce and cherry tomatoes	
Whipped Goats Cheese Salad (1,7,12)	€12.95
pickled beetroot topped with set goats cheese, orange emulsion and sourdough croute	
Union Hall Smoked Salmon (1,4,7,10)	€14.95
pickled cucumber, mixed leaf salad, crème fraîche, capers served with homemade brown bread	
Classic Chicken Caesar Salad (1,3,4,7)	Starter €14.00/Main €21.50
cos lettuce, croutons, parmesan, bacon, Caesar dressing	
Grilled Halloumi Salad (7,8-walnuts,10)	Starter €11.50 / Main €17.50
grilled halloumi, beetroot and orange segments with baby mixed leaf salad topped with walnuts	
Lemon & Cumin Hummus (1,8 - cashew nuts)	€11.00
marinated olives, roasted cashew nuts, coriander, pomegranate served with warm pita bread	

SANDWICHES

(SERVED FROM 12.30 NOON - 5PM)

Traditional Toasted Sandwich (1,7,10)	€12.50
Allshire's ham, tomato, cheese and onion served with rocket salad and fries	
B.L.T. Toasted Sandwich (1,3,10)	€13.50
Allshire's bacon, lettuce, tomato and mayonnaise served with rocket salad and fries	
Union hall Open Smoked Salmon Sandwich (1,3,4,7,10)	€15.50
homemade brown bread with pickled cucumber, chive crème fraiche, capers	
Glenmar Open Prawn (1,2,4)	€16.50
Prawns in marie-rose sauce, homemade brown bread with mixed leaf salad & lemon wedge	
Coronation Chicken Wrap (1,3,10,12)	€15.50
baby gem lettuce, red onion, coronation chicken served with house salad and fries	

SIDES

House fries	€4.50
House fries, truffle mayo & parmesan (3,7)	€7.50
Sauteed onions and mushrooms	€4.50
Seasonal side salad (10)	€4.50
Buttered mash (7)	€4.50
Mixed seasonal vegetables (7)	€4.50

Thank you to our
suppliers

Caherbeg Free Range
Pork & Rosscarbery
Recipes owned by the
Allshire Family,
Woodcock Smokery,
West Cork Eggs,
Shannon Vale Foods,
Gubbeen Cheese,
Durrus Cheese,
Skeaghanore West
Cork Farm, Shellfish De
La Mer, Clóna Dairy,
Allfresh Wholesale,
Glenmar Shellfish Ltd
and La Rousse Foods

MAINS

Glenmar Fish and Chips (1,3,4)	€22.95
Deep fried battered haddock with mushy peas, tartare sauce and a lemon wedge	
Celtic Ross Chicken Burger (1,3,4,7,9,10,12)	€18.50
Southern fried chicken burger, hot & spicy buffalo sauce, coriander coleslaw and ranch sauce	
Allshire Beef Burger (1,3,4,7,10,12)	€20.50
Allshire's Irish 8oz beef burger, caramelized onions, melted cheese, lettuce and house burger sauce	
Allshire Irish 8oz Striploin Steak (1,10,12)	€34.00
Portobello mushrooms, caramelised onions, fries and your choice of peppercorn sauce or garlic butter	
Glenmar Pan Fried Hake (4,9)	€22.95
chorizo cannellini cassoulet, preserved lemon and herb oil	
Roast Chicken Supreme (7,9,12)	€22.50
roast chicken supreme, gratin potato, tenderstem broccoli, corn puree, charred corn, chicken Jus	
Confit Duck Leg (1,3,7,8,12)	€29.50
confit duck leg with duck croquette, sautéed potato & pak choi, toasted hazelnuts and plum reduction	
Glenmar Prawn & Salmon Pasta (1,2,3,4,7,12)	€24.50
pappardelle pasta, cherry tomatoes, creamy white wine sauce	
Allshire Beef Tuscan Style Ragout (1,3,7,9,12)	€22.50
rigatoni pasta, rich tomato beef ragu, parmesan cheese and basil	
Italian Stuffed Aubergine (1,7,9)	€17.50
onion, tomato, fresh basil, capers, mozzarella cheese, parmesan, sundried tomatoes in a marinara sauce with garlic bread	
Tunisian Style Chicken Curry	€22.50
lemongrass, ginger and coconut infused curry served with savoury rice, poppadom	
Tunisian Style Vegan Curry	€18.50
lemongrass, ginger and coconut infused curry served with savoury rice, poppadom	

DESSERTS

Celtic Ross Gluten-free Brownie (3,7)	€9.00
our signature homemade chocolate brownie served with vanilla ice-cream topped with chocolate ganache	
Lemon Tart (1,3)	€9.00
raspberry sorbet, raspberry coulis and fresh raspberries	
Sticky Toffee Pudding (1,3,7)	€9.00
vanilla ice-cream & toffee sauce	
Vanilla Crème Brûlée (1,3,7)	€9.00
berry compote & shortbread biscuit	
Selection of Ice-Cream (7)	€6.50
served on a white chocolate crumble with a caramel sauce	
Trio of Sorbets	€7.50
galaxy of fruit and raspberry coulis	

ALLERGENS

- 1 Cereals containing gluten
- 2 Crustaceans
- 3 Eggs
- 4 Fish
- 5 Peanut
- 6 Soybeans
- 7 Milk
- 8 Nuts
- 9 Celery
- 10 Mustard
- 11 Sesame seeds
- 12 Sulphur dioxide
- 13 Lupin
- 14 Molluscs