



CELTIC  
ROSS  
HOTEL

# Breakfast Menu

**Full Breakfast.....€18.95**  
**Continental Breakfast.....€14.95**

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## CONTINENTAL

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### Juices

Freshly squeezed orange juice, chilled cranberry juice, chilled apple juice

### Yogurts & Fruits

Clonakilty fruit yogurt & natural yogurt, fresh seasonal melon & fresh berries, fresh grapefruit, seasonal fruit bowl, fresh fruit salad, earl grey tea-soaked prunes, selection of nuts and seeds

### Cereals (1)

Flahavans Irish granola, Kellogg's cornflakes, Kellogg's rice krispies, Kellogg's coco pops, Weetabix

### Breads & Pastries (1-Gluten free available)

selection of fresh pastries, homemade brown bread, white or brown bloomer toast

### Cheeses & Charcuterie (7)

Continental Meats Selection, Irish Farmhouse Cheeses

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## HOT BREAKFAST

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### Vanilla Pancakes (1,3,7)

maple syrup & berry compote

### Flahavans Irish Porridge (1-gluten free available,7)

berry compote & farm honey

### Classic Eggs Benedict (1-gluten free available,3,12)

toasted english muffin, crispy bacon, hollandaise sauce & poached egg

### Classic Eggs Florentine (1-gluten free available,3,12)

toasted english muffin, hollandaise sauce, spinach, & poached egg

### Huevos Rancheros (1,3,7,9)

chorizo, cannellini bean, chilli ragu, guacamole, sour cream, fried egg on sourdough toast

### Grilled Smoked Kippers (4)

lemon wedge

### Classic Irish Breakfast (1-gluten free & vegan available,3)

Allshires Irish bacon, pork sausages, Rosscarbery recipes black & white pudding, tomato, mushrooms, hash brown, baked beans, fresh West Cork fried egg or poached egg or scrambled egg

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**Freshly Brewed Barry's Tea and Maher's Coffee**

#### Thank you to our suppliers

Caherbeg Free Range Pork & Rosscarbery  
Recipes owned by the Allshire Family, Woodcock Smokery, West Cork Eggs, Shannon Vale Foods, Gubbeen Cheese, Durrus Cheese, Skeaghanore West Cork Farm, Shellfish De La Mer, Clóna Dairy, Allfresh Wholesale, Glenmar Shellfish Ltd and La Rousse Foods

#### ALLERGENS

- 1 Cereals containing gluten
- 2 Crustaceans
- 3 Eggs
- 4 Fish
- 5 Peanut
- 6 Soybeans
- 7 Milk
- 8 Nuts
- 9 Celery
- 10 Mustard
- 11 Sesame seeds
- 12 Sulphur dioxide
- 13 Lupin
- 14 Molluscs